

SELF-DEFENSE FOR TEACHERS

SELF-DEFENSE FOR TEACHERS is a course that enables these professionals with safe non-threatening techniques when handling out of control or threatening students. Often teachers are required to intervene on a variety of student/student or student/teacher conflicts. Teachers are placed in awkward positions of which they are expected to not “cross the line” due to moral parameters and criminal/civil liabilities. Having said that teachers are still expected to “do the right thing”. We offer alternatives to handling these vulnerable situations.

SELF-DEFENSE FOR TEACHERS covers topics such as:

- ◆ **BALANCE/MOBILITY**
- ◆ **PRESSURE POINTS**
- ◆ **NERVE CENTERS**
- ◆ **COMPLIANCE TECHNIQUES**
- ◆ **ARM BARS**
- ◆ **FINGER LOCKS**

Course duration is approximately 2-3 hours.