

SELF-DEFENSE for the CORPORATE/ LEISURE TRAVELER

SELF-DEFENSE for the CORPORATE/ LEISURE TRAVELER is a course that exposes the dangers and vulnerabilities of travel and offers strategies or “solutions” to counter potential confrontations. Airport parking garages, elevators, stairwells, train stations, buses, taxi-cabs, restaurants, bars/ clubs each have specific dangers and methods for dealing with these dangers.

SELF-DEFENSE for the CORPORATE/ LEISURE TRAVELER covers topics such as:

- ❖ **AWARENESS/ AVOIDANCE**

- ❖ **PRESSURE POINTS**

- ❖ **NERVE CENTERS**

- ❖ **RAPID ASSAULT TACTICS (R.A.T.)**

- ❖ **PROTECTING CO-WORKERS/ FAMILY MEMBERS**

- ❖ **DOMESTIC/ FOREIGN CUSTOMS, CULTURES & FIGHTING STYLES**

- ❖ **CARJACKING PREVENTION**

- ❖ **PERSONAL HOTEL ROOM SECURITY MEASURES**

- ❖ **AIR TRAVEL STRATAGIES**

Course duration is approximately 2-3 hours