

# SELF-DEFENSE – NON LETHAL ALTERNATIVES

SELF-DEFENSE – NON LETHAL ALTERNATIVES is an important course due to the fact that very few people understand the realities of using alternative defensive systems such as: defensive sprays and electrical shock devices. The common belief is that if a person carries or possesses such a defensive device that it will be good enough and if attacked they will just use it on the perpetrator. Easier said than done!

DEFENDER SOLUTIONS will dispel the myths surrounding pepper sprays and stun guns and reveal the techniques and tactics used to “safely” deploy them. If you are considering carrying or already carry these devices we highly recommend you become informed about their pros, cons, and tactical applications.

SELF DEFENSE – NON LEATHAL ALTERNATIVES covers topics such as:

- ◆ **AWARENESS/ AVOIDANCE**
- ◆ **CHOOSING A DEFENSIVE SPRAY/STUN GUN**
- ◆ **PREPARING TO DEFEND YOURSELF**
- ◆ **TACTICAL USE OF DEFENSIVE SPRAY/STUN GUN**
- ◆ **SPECIAL CIRCUMSTANCES (example- multiple attackers)**
- ◆ **POST ASSAULT CONSIDERATIONS**
- ◆ **RESIDENTIAL DEFENSE**

Course duration is approximately 2-3 hours.